



May 2025 Simcoe County CAPC/CPNP In Person Calendar



Monday	Tuesday	Wednesday	Thursday	Friday
5	6 Collingwood CAPC @Wasaga Beach Public Library: Healthy Minds with Simcoe Muskoka District Health Unit 1:00pm-2:00pm *Registration required*	7	8 Barrie CAPC @ Barrie Common Roof: Maternal Mental Health/Self Care DIY Sugar Scrubs with Amanda from CFS 9:30am-11:30am *Registration required* **10 family maximum** Collingwood CAPC @ Harbourview Park, beside the splash pad: Maternal Mental Health Walk 11:00 a.m. Orillia CAPC @ Orillia Public Library: Storytime 10 a.m. – 11:30 a.m.	9 Bradford CAPC @ Bradford Hub (177 Church Street): Beyond the Brush Dental Care and Resource Day with Simcoe Muskoka District Health Unit 10:00am-1:00pm
12 Collingwood CAPC @ Wasaga Beach Public Library: Little Artists 10:30 a.m. – 11:30 a.m. **Register with EarlyON** @ EarlyON	13	14	15 Barrie CAPC @ Columbus Hall: Big Feelings Little Kids; When to Ask for Help (Identifying signs of Mental Health of Littles) Kim Lesnick from New Path Youth and Family Services 9:30-11:30am *Registration required* Collingwood CAPC : Wasaga Public Library: Beyond the Brush Dental Care and Resource Day with Simcoe Muskoka District Health Unit 10:00am-1:00pm Midland CAPC @ Midland EarlyON: Angelia Brooks, Indigenous Coordinator, EarlyON Child and Family Centre 9:30 a.m. – 12 p.m. *Register with Simcoe North EarlyON* EarlyON	16 Bradford CAPC @ Meet at Bradford Hub (177 Church St.): Stroller Walk for Mental Health Walk for Wellness in Lion's Park 9:30-11:30am *Registration required*
19 VICTORIA DAY ALL SIMCOE COUNTY CAPC PROGRAMS & OFFICES ARE CLOSED	20	21	22 Barrie CAPC @ Lampman Lane Community Garden: "Kinder Gardener's- Sowing the Seeds" 9:30am-11:30am *Registration required* **a hands-on gardening program for children ages 2–6 and their caregivers **	23 Bradford CAPC @ Bradford Hub Room B (177 Church Street): Breakfast Cafe---Sun Safety/ Outdoor Safety discussion with a Public Health Nurse from Simcoe Muskoka District Health Unit 9:30-11:30am *Registration required*
26 Midland CAPC @ Midland One Roof, 230 Aberdeen Blvd., Midland: Beyond the Brush Dental Care and Resource Day with Simcoe Muskoka District Health Unit 10:00am-1:00pm	27	28	29 Barrie CAPC @ Sunnidale Park: Outdoor Program P.L.A.Y Physical Literacy and You 9:30 a.m.-11:30am *Registration required* Collingwood CAPC @ Collingwood Public Library 55 Marie Street Family Storytime 10:30 a.m. – 1100 a.m.	30 Bradford CAPC @ Bradford Hub Outdoor Garden: "Kinder Gardener's- Sowing the Seeds" 9:30-11:30am *Registration required* Midland CAPC @ La Cle D'la Baie en Huronie 63 Main Street, Penetanguishene: Family Fun Multicultural Event 9:30 a.m. – 12 p.m.

Barrie --- Michael; msfetkopoulos@catulpa.on.ca
Bradford --- Sandy; sjones@catulpa.on.ca

Collingwood --- Amanda; amcdougall@catulpa.on.ca
Midland --- Sandy; sjeffery@catulpa.on.ca

Orillia --- Cheryl; cmccullough@catulpa.on.ca